

### **SA SELECTORIZED SERIES**

# **SA027 - ABDOMINAL CRUNCH**







## PRODUCT OVERVIEW

The ultimate choice for crunch exercises, featuring an innovative arc-shaped movement pattern that perfectly matches spinal mechanics. Effectively reduces lower back injury risk during abdominal training. The shoulder pad features ergonomic design with premium padding, ensuring comfort even during extended training sessions.



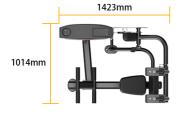
## **SPECIFICATIONS & KEY FEATURES**

## Specifications

Dimension:	1014*1423*1566mm
Total Weight:	255kg
Weight Stack:	100kg
Max Weight Stack:	125kg







## | Product Features



#### Robust and Durable, Value-Optimized Choice

The main frame utilizes Q235A high-frequency cold-rolled steel, with 40\*140mm square tubing and 50\*100mm oval tubing working in harmony to ensure machine durability. Surface finishing employs electrostatic powder coating, passing over 800 hours of salt spray and impact testing. The finish is brilliantly aesthetic while the machine remains incredibly durable.



#### Enhanced Core Training Through Perfect Crunches

The innovative arc-shaped movement pattern perfectly matches spinal mechanics, effectively reducing lower back injury risk during abdominal training. The shoulder pad features ergonomic design with premium padding, providing stable support while ensuring exceptional comfort.



# Stable Seating for Precise Training

The comfortable seat pad features premium padding, ensuring comfort during extended training sessions. Multi-level footplates effectively enhance body stability during training, ensuring every bit of force precisely targets the abdominal muscles.



#### Precision Weight Stack Engineering, Professional Training Assurance

Utilizing a high-density cast iron weight stack system with specialized black textured powder coating for premium feel. Special protective coating ensures wear and corrosion resistance, providing lasting durability for professional training. The weight distribution is precisely calibrated, with maximum weight reaching 125kg, allowing you to easily find that "perfect training weight" without compromising.